

Application #12 – Cultivating Telepathy

This tool introduces telepathy theory. In this entry in the series, previous *ESP* theory is extended into a logical conclusion, telepathy. There are no exercises in this element of the series.

Exercise 12 – Telepathy theory, “choose your partner...”

The previous two elements in this series introduced the various forms in which *ESP* phenomena can appear and *ESP* cultivation. This section will focus specifically on the mechanics and aspects of telepathy.

Since all *ESP* is through the One Mind, it can be seen how *ESP* involves a communion from One mind (Mind) to another mind (yours) – a form of telepathy. All *ESP* phenomena can be ‘seen’ as a form of Mind/mind telepathy. This applies to a psychic seeing something in a rock, a practicing witch or shaman, to a saint in communion with God.

Telepathy, like *ESP*, is natural. Most animals have telepathic capabilities. These capabilities can be very limited in the concepts their minds work with, but telepathy is possible with animals. All life shares in the One Mind. Plants are empathic, which is a cruder form of telepathy. Plants respond to emotions. There have been all kinds of studies on the response of plants to human emotions and even studies on various means of communication between plants. How a ‘stressed plant’ can communicate that ‘stress’ to other plants for example.

Telepathy is much more common than is customarily thought. We tend not to be consciously aware of it. Or...at times, we may even be subconsciously afraid of it.

Here is an example of how common telepathy really is. Perhaps, this has happened to you at least one time or another. Let us say you are at a bus station or an airport – some group situation with strangers -- and you are not looking at anybody in particular, but you are aware of somebody over in the corner with your peripheral vision. You are just aware them and have only a mild interest.

Without moving your heads, the other person's awareness turns to you at the same time as your awareness is on him/her and there is this ‘click’ or a ‘snap’ that happens. Usually, with the ‘snap’, both of you will turn away at once; or, you will both turn to do something at the same time. This can be a unsettling if you dwell on it.

This ‘click’ is the making of a bond in which telepathy is dependent; the ‘snap’ is the abrupt break of the bond. If this happens in some social situation, like a bar or a party, and if communication is not shut down entirely – no ‘snap’, verbal or body communication can ensue.

Another example of how common telepathy is used is in a magical love spell. In thaumaturgical magic, the most powerful love spell there is

consists only of a look and a touch. It is a form of telepathic bonding that is done with that look and touch.

The author has found that many women and some men already know this subconsciously without studying magic.

One definition for telepathy is an idea or ideas shared by apparently separated minds, without any physical form of communication -- *BTRs*¹¹⁰ -- to foster that sharing. For telepathy to work, one way or another, the 'bond' is necessary. In some books, it is also called the 'love bond'. (And, remember that due to the time ignorance of the Eternal Mind, these two people [mortal minds] do not have to have the same temporal reference -- live in the same times.)

This telepathic bond is simply a mental agreement or accord. Almost like the agreed radio frequency between a transmitter and a receiver.

It is called a 'love bond' for a number of reasons. Because Love is not exclusive,¹¹¹ it unites what appears to be fractured minds and beings. Love's Infinite Mind is a common thread running through the multitude of finite minds.

Another problem with words is the word *love*. The number of human projections and meanings to that word 'boggles the brain'. The bond referred to here naturally occurs when two minds develop and maintain a mild curiosity -- 'disinterested-interest'-- in each other, as in the airport or bus station example. Both individuals participating in the event are in a non-exclusive state of mind.

A bond can be just between close friends, like two buddies in the army. Under adverse situations, this bond forms between them and then these communications occur where they both know what is happening in each other's minds; it clicks. Another example is with lovers, provided they are not thinking about their projections -- 'baggage' -- or other things happening in their relationship.

A Course in Miracles expresses that there are only two emotions, love or fear.¹¹² If you are out of fear, you are in love whether you know it or not.

The mechanics of this is ever so simple. Fear is exclusive in nature, Love is non-exclusive in nature while Absolute Love is all encompassing. At the same time, Love will not directly confront fear. With fear present, Love just will not be the major apparent influence and can appear to be absent -- reside in the background. If fear is absent, Love and the Correction will automatically be present and will resume being the major influence.

¹¹⁰ Bubbles of Temporal/spatial Reference, *I AM A I*, Chapter 3

¹¹¹ *I AM A I*, Definition of Terms -- Love: An Eternal, selfless state that is intrinsically not exclusive.

¹¹² Text, Chapter 13, The Two Emotions

Another way to say this is with the old axiom: Love will not enter where it is feared.

A 'disinterested-interest' works with these mechanics. A 'disinterested-interest' entails no attachments or fear, so a 'love bond' ensues naturally. Again, this 'disinterested-interest' is at the core of learning all ESP phenomena and at the core of most spiritual growth.

Here is an irony with ESP, telepathy, and some of the more advanced metaphysical applications. The desire to have a successful telepathic/ESP event can interfere with a successful telepathic/ESP event.

This is important and has been/will be repeated.

You must not get caught up in what you find or what you are doing. It is almost essential that you are not emotionally involved in what you discover. If you do, you can start 'losing it'. The best case scenario for this is one deludes oneself on a minor level. The worst case scenario; it may lead to psychotic episodes.

The cultivated 'disinterested-interest' tends to foster this love bond whether you know it or not, as with a stranger in the airport example. A bond ensues. When that 'snap' happens and you both turn away, that is the bond breaking.

You both have the choice whether to 'go with it' or not go with it. Turning away reflects not going with it. To act on it, you may start physically communicating through body language (like smiling) or conversation. The bond occurs first, before any ideas can be shared telepathically between the minds.

One analogy around the function of the love bond and telepathy is with the function of a CB radio. When using a CB radio, the transmitter and receiver must be tuned to the same frequency for this communication to occur. As in the CB analogy, it takes two to tango; both parties must have an interest – radios turned on and at the same frequency. In addition, there must be a listener and a talker; both cannot be done at the same time. So again, here is another reference to a need for the individual to learn to still themselves and become receptive – to listen.

Using this 'love bond', the individual minds do not have to think alike. The Love bond acts as if it is an automatic translating device between the individuals. That is the beauty of it. Because it works through Absolute Love, communication is translated. It goes from the perceptions of one mind and it translates over to the perceptual lens in the other's mind. The purest form of this is the speaking in tongues mentioned in *Application 11*.

There is a translation device -- for lack of a better term -- in the love bond. Once the love bond is there, Love's non-exclusive nature automatically translates. It goes from applicable knowledge in one person to another's applicable knowledge through Absolute Truth. While in each individual *Storages*, the concept being communicated is translated, clothed, or filtered through each individual's mind matrix and its programming.

It may be helpful, if both individuals have knowledge of some of the same things. Example: having mutual perceptions shared by similar cultures. A telepathic bond between a Cro-Magnon man and a New York stockbroker might be somewhat difficult, because they may not have common references, perceptions, values, wants, etc. They may not have common motivations. They may not have agreement on what is the world (a common **Individual** or **Consensual** reality¹¹³ between them). So, it may be necessary (or desirable) some way or another to have some kind of common knowledge.

Basic human needs, emotions, and archetypes can serve as this common knowledge. It is difficult to have a telepathic bond with someone and communicate an understanding of human foibles though, if the other person does not recognize any human foibles.

To recap what telepathy needs.

- ◆ There has to be a love or an interest bond.
- ◆ You must learn to shut up and quiet your mind to listen. Be still! You must have an open mind -- no preconceived ideas. It is absolutely essential with telepathic communication, for the operator to learn to stop thinking, to still their temporal matrix. As with any form of dialogue, there is a time to listen and a time to talk. Or...with the CB analogy, if you want to listen you have to take your thumb off the transmit button.

Psychic, *ESP*, or spiritual phenomena can be broken down into two forms of telepathy -- passive and active (whether you are 'reading' or having a 'dialogue').

□ **Passive** → Most of the psychic phenomena like clairvoyance and clairaudience tend to be on the passive side of telepathy. No specific love bond or focus is involved outside of the operator. It is more related to a 'bond' within the operator, between that human mind and the Eternal Mind, or you and your Source. One way to look at it is the operator has come to some kind of accord or agreement with the Universe or their self.

¹¹³ *IAMA I*, Chapter 4.2, 'What's Reality Papa?'

How the 'bond' in passive telepathy occurs, is totally dependent on the state of mind of the individual. This means how the individual has programmed their human matrix with choices made from the information flow through the perceptual lens (*Storages*) – how much truth is already in their mind. It also involves what the individual is doing to set it up the communion, or not setting it up (the focus of the *Perceptual Lens Array*).¹¹⁴

What all the passive telepathic aspects have in common: cultivating a listening attitude, a watching and waiting, being relaxed, and paying attention with along with a 'disinterested-interest'.

Returning to the *CB* radio analogy, every thought that any person thinks is transmitted -- it is available. The volume of that transmission of perception is somewhat dependent on how much desire and emotions are involved. The stronger the desires, the stronger will be the transmission. I AM A I presents a vehicle analogy.¹¹⁵ Desire is the fuel, whereas perception is the vehicle.

So, every thought anyone thinks is transmitted out, and the volume of that transmission is dependent on how much desire or emotion is behind it. And, because every thought is transmitted, that means passive telepathy (and active if being the receiver) involves not mind reading, but mind listening.

Every thought is transmitted. The individual does not have to pick things out of people's minds, because people are transmitting all the time. The operator has to learn to shut up and be discriminate about whom they want to listen to. That is an element of the bond -- a discrimination about who is being listened to.

Remember that your ability to tune into anyone's thoughts is also related to your desire. Too much desire and you will be listening to your mind instead of theirs – to what you want and those desires' perceptions. The 'disinterested-interest' mentioned helps cultivate a low-level desire ($D_S = 1$ or $D_S < 1$).¹¹⁶ Tuning into someone specifically is dependent on how well you can be empty and have a bond with the other person. You must have enough desire to maintain an interest. But, not enough desire to generate vested interests, attachments.

The passive telepathic listener acts like radio receiver; they are turned on, are listening, and without putting anything out. Everybody is speaking at once, and the telepathic listener just happens to be a tuned listener to a specific individual. That is essentially what telepathy is all about.

¹¹⁴ *I AM A I*, Chapter 4

¹¹⁵ *I AM A I*, Chapter 4.5, The *Perceptual Lens Array*, Thought/emotion sets.

¹¹⁶ *I AM A I*, Chapter 5, Formula of Effectiveness

The author used to have some problems with going into 'The City' (San Francisco) because there would be this miasma of feelings and thoughts. Nothing too specific; just 'ugh' – this murky cloud or a mental/emotional soup. The first time the author picked up on that, it threw him for a 'loop' – confusion. Such that, the author had to go back and sit up by Coit Tower for a day and until the author was used to that feeling.

This is the passive aspect of telepathy. It is telepathy through *ESP* perception. Every thought we think is transmitted. The power of the transmission can be in proportion to how much emotional charge is behind the thought. A city is full of this sea of thoughts -- other people's transmissions. With *ESP* perceptions, we tend to receive it as noise.

□ **Active** → The telepathic act should be effortless, and not limited by time/space constraints. In having a dialogue (active form), the 'speaker' instead of thinking and having the thought go out in space (like talking to oneself), their focus is on an individual (talking to someone).

The transmission (the active part of telepathy, how much is put into somebody's mind) is dependent on the bond and the clarity of mind the sender has achieved. If there is no bond with anybody specific, and if there is strong clear thought with one emotion, it is put out into the ether -- or whatever you want to call it. It is just put 'out there'.

As with verbal dialogue, if there is to be communication, the speaker's focus must be on the awareness of the listener. Without this focus, the speaker is talking at someone and not to someone. Telepathy is similar.

To learn active telepathy is very similar to going to another country and learning a foreign language. The best way to do it is to have a companion who speaks the language. Learning comes with this daily exposure.

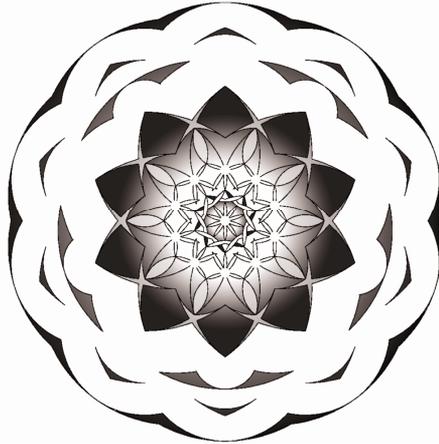
This partner factor helps you learn to separate **Actual** realities from the **Imaginary** realities. Observing co-relations between 'objective' and 'subjective' events gives first hand experience -- something necessary for the learning process. This correlation was touched on in *Application 11*.

In many ways, it is much better if the telepathic act is spontaneous. Rigid or controlled experiments are only useful in the beginning; they serve as introductions. Instead of setting up a time, it is much better to learn to work daily using an 'internal conversation' with another person.

And, for this book to do a lab in a group format, the only way people can really verify what is happening is if controlled experiment conditions are set up. With the case of a successful telepathic event, a specific set of conditions must be present within all people involved.

Bottom line: since telepathy involves a communication within the One Mind, telepathy is natural. It is not being telepathic that is unnatural.

The following experiments are meant to give direction. With serious study, one must learn to expand from these experiments.



Application #12A – Telepathy Experiments

This tool contains telepathic experiments. This application continues the previous series entry on telepathic theory, entry 12. Cultivation of the bond and experimental approaches are presented here.

Exercise 12A – Bonding and telepathy experiments

A reminder: any article telling you how to develop *ESP* or telepathy is equivalent to a book telling you how to swim. Eventually, you are going to have to put the print down and get in the water and apply what you learned.

Many of the exercises in this article the author learned or ‘played’ with seriously while in the army. The author had plenty of time on his hands, so the author started ‘playing’ in his head.

When the author and his partner started working together, they rarely discussed the results; we both agreed something was happening though. Sometimes they may have orally set something up – set an experiment up; and then, they did the experiment.

Because it is a question of detached listening inside, there is no sense talking about most of the details. Do it, do not talk about it. Talking can cultivate attachments. Just as long as an agreement or a recognition is made, “something is happening”. (In addition, there must be a correlation to **Actual** reality.¹¹⁷)

¹¹⁷ Application entries 11, 11A, and 12